

**Directions:** Complete & return to School Counseling Office before the first week in October.

# Student Reflection Form

(Use separate sheet if needed)

Name \_\_\_\_\_ Email \_\_\_\_\_

How would people describe you? Give at least three adjectives and explain why.

---

---

---

Describe your most rewarding experience during high school? (academic, extracurricular or personal)

---

---

---

---

As a student, what do you feel are your strengths? What makes you unique from all the other students at Blake HS?

---

---

---

In what areas do you feel you need to improve, academically and/or personally?

---

---

---

Do you believe your transcript is an accurate reflection of your ability? Why or Why not?

---

---

---

---

What courses have you enjoyed the most in high school? Why?

---

---

---

At this time have you identified any career choices or college majors? If so, what are your plans and why?

---

---

---

Describe the best advice you ever received and why it is important to you.

---

---

---

---

Discuss a setback or obstacle you have overcome that taught you something.

---

---

---

Why do you want to go to college? Be honest.

---

---

---

Did your parents attend college? If so, where? Are you the first generation to attend college?

---

---

*Please complete this portion carefully. We will use this information to communicate to colleges your activities and any misleading information could be detrimental to your admission. Please place an asterisk (\*) by those interests you are thinking about pursuing in college, especially athletic interests.*

School Activities	Grade(s)	Office Held

Athletics	Grade(s)	Years JV	Years Varsity	Years Captain	Special Recognition

Of all your activities inside and outside of school, which has been the most important to you? Why?

---

---

---

---

How did you earn your community service hours?

---

---

---

---

Is there any further information that you would like your counselor to know about you? Have there been any unique issues which may have affected your school performance that you would like your counselor to share with your college? Do you have significant financial need?

---

---

---

---

---

**Directions:** Complete & return to School Counseling Office before the first week in October.

## Parent Reflection Sheet

*Thank you for taking the time to respond to these questions. In an effort to receive the most current and pertinent information about your child, the Counseling Office at Blake has each senior and his/her parent each fill out a Reflection Sheet. This information is invaluable to us as we complete our recommendations for your student and attempt to steer him/her in the right direction for the future.*

Student's Name \_\_\_\_\_ Parent completing form \_\_\_\_\_

Describe both parents' educational background and career. Include information about your other children who have finished high school and what they are doing.

---

---

---

---

---

---

---

---

Is there anything special about your family history that would be helpful for us to know as we work with your child? Is your student the first to attend college, are there cultural influences, special circumstances, challenges, etc.?

---

---

---

---

---

---

---

---

How would you describe the ideal college for your son/daughter in terms of size, location, competitiveness, cost and programs?

---

---

---

---

---

---

---

---

What do you see as your child's greatest strengths personally and academically?

---

---

---

---

---

---

---

---

