

## IMPORTANT REMINDERS

- The first day of tryouts will be Saturday, August 13<sup>th</sup> at 8:00am. Please make sure you are back from vacation by that day.
- Have all paperwork completed before tryouts. You will not be able to tryout without the completed forms and this could affect your ability to make the team. You may print out all forms from the Blake HS Athletics webpage.
  - Play volleyball over the summer! Participate in summer league.....go to camps.....attend clinics.....the more experience you have, the better Blake Volleyball will be!
- Do conditioning over the summer! As always, running and other conditioning will be a part of our practices.
- Come back on August 13<sup>th</sup> prepared to give 100% at practice and in games.

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## GIRLS HIGH SCHOOL SUMMER LEAGUE

This league is for both JV and Varsity players who want to play together in preparation of the fall season. All teams must have a coach and a minimum of 10 players on their roster. All players must be experienced and committed to their team. Last season's teams included a State Champion and 2 other teams advancing to the State Semi-Finals. New for the 2011 season: built-in practice time for teams.

- Dates: Wednesdays, June 1 - July 20
  - Time: 5pm - 10pm

It is very important to participate in the summer league. It will give you a chance to play together as a team! If you are interested, please bring a check/cash to Ms. Garlick for the amount of \$40. During the summer league, Tara Mitchell and Lauren Paniati will be your contact people. Once we have a "team" set for the summer, more information will be distributed. We understand that people attend camps, take vacations, etc., and may need to miss certain weeks. The more girls that we have sign up, the better.

