

Learning Style Survey

Print this survey if you would like to write on it. Read the statements in each section. Check the statements that apply to you. Leave the others blank.

Section A

If I need to spell a word correctly, I write it down to see if it “looks” right.
To remember what my teacher says in class, it helps for me to write down notes.
I like to read books and to look at the pictures.
I can understand things better when I read them than when I listen to them.
I prefer to read the directions or look at illustrations before beginning a project.
I like to have a list of jobs I have to do rather than having someone tell me what to do.
I can picture things easily in my mind.
I usually write down assignments to help me remember them.
A good way for me to learn vocabulary words is to use flash cards.
I can sit still to watch TV or work on the computer for a long time.

Total the number of checks in Section A _____

Section B

I prefer to listen to a book on tape rather than read it.
I can pay attention and remember easily when my teacher reads aloud to us.
I would ask directions rather than look at a map.
In reading class, I can remember best if we discuss the book out loud.
I often read and study by repeating information aloud to myself.
I am distracted by background noise (like a tapping pencil) when I am taking a test.
I like to study for tests by having someone quiz me aloud.
I remember songs after hearing them only a couple of times.
I work math story problems by talking them through aloud.
If I hear someone’s name, I remember it easily.

Total the number of checks in Section B _____

Section C

I enjoy sports and being active.
It is hard for me to pay attention when I must sit still for a whole class period.
I count on my fingers or with other objects to do math problems.
I prefer to learn a new activity by being shown how to do it rather than read about it or listening to a tape about it.
I have a good sense of balance and rhythm.
I would like to act out stories rather than talk about them.

I have a hard time staying neat and organized.
I am good at skills that require careful movements like walking on a balance beam, serving a volleyball, or hitting a baseball.
My favorite classes are the ones where I can move around a lot.

Total the number of checks in Section C _____

Now, write the totals below:

Section A= _____ Section B= _____ Section C= _____

If your highest total is in Section A, you are most likely a SEEING (visual) learner. You remember best by using your eyes.

If your highest total is in Section B, you are most likely a HEARING (auditory) learner. You remember best by using your ears.

If your highest total is in Section A, you are most likely a DOING (kinesthetic) learner. You need movement or activity while you study to remember best.

What kind of learner are you?

I am strongest as a _____ learner.

My second area of strength is as a _____ learner.

Go to the BEST STUDY METHODS page to find study tips for all types of learners!