

Fight the Flu! Get Your Seasonal Flu Vaccine with Poolesville High School on October 20th.

The Poolesville High School (PHS) PTSA, in collaboration with the National PTA and Flu Busters will offer a seasonal flu vaccine clinic for students, staff, parents, and the community. Flu Busters will donate a portion of the money from each injectable vaccine to the PHS PTSA to benefit the Health Room at the school.

Date: Tuesday, October 20th

Morning Session: 6:30 AM - 10:30 AM, Poolesville Town Hall, Meeting Room

**Afternoon/
Evening Session:** 2:30 PM- 6:30 PM, Poolesville High School, Conference Room

Cost: Pre-registered for injectable vaccine, \$25
Walk-in for injectable vaccine, \$27
Pre-registered for nasal mist vaccine, \$30
Walk-in for nasal mist vaccine, not available

Registration: September 21 - October 13, 2009
By phone at 1-866-782-3014 **or**
On-line at www.flubusters.com/pta.html. Click on "Schedule a Vaccination." Select "School" for "Type of Clinic". Enter "20837" for zip code and select "1 mile."

Please bring: Voucher, photo ID, and signed consent form.

Take advantage of this convenience and save yourself the trouble of scheduling doctor appointments and losing valuable class time for students. The cost is comparable to most co-pays that insurance companies require.

This clinic administers vaccines for seasonal flu but not the new H1N1 flu virus. According to the Center for Disease Control (CDC), a novel H1N1 vaccine is currently in production and will be ready for the public in the October. However, demand and availability may be unpredictable. For up-to-date information from the CDC and other government agencies, go to www.flu.gov.

Seasonal flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness and lead to serious complications. The Center for Disease Control recommends yearly flu vaccinations as the best way to prevent the flu, especially for following people:

1. Children aged 6 months up to their 19th birthday
2. Pregnant women
3. People 50 years of age and older
4. People of any age with certain chronic medical conditions
5. People who live in nursing homes and other long-term care facilities
6. People who live with or care for those at high risk for complications from flu, including:
 - a. Health care workers
 - b. Household contacts of persons at high risk for complications from the flu
 - c. Household contact and out of home caregivers of children less than 6 months of age (these children are too young to be vaccinated for seasonal flu).

If you have any questions, please feel free to contact one of the following:

Flu Busters at 1-866-782-3014

Mary Beth Dewey, PHS PTSA Promotions Chair, at mbethd@verizon.net or 301-349-5907

Thank you for your support.