

CAFE BREAKFAST

**BOOST YOUR
BRAIN POWER**



**BOOST YOUR
ENERGY LEVEL.**

BE MORE ALERT.

BE READY TO LEARN.

**EAT A HEALTHY
BREAKFAST!**

\$1.30

calories

**242-252
55
80-120**

**210-220
55
80-120**

**292
60
80-120**

**209-229
55
80-120**

**242-252
60
80-120**

MONDAY

**Ham & Cheese Sandwich⁺
Orange Juice
Milk**

TUESDAY

**Sausage Sandwich*
Orange Juice
Milk**

WEDNESDAY

**Ham & Cheese Croissant Sandwich⁺
Apple Juice
Milk**

THURSDAY

**Chicken Sandwich⁺
Orange Juice
Milk**

FRIDAY

**Ham & Cheese Sandwich⁺
Apple Juice
Milk**

ALTERNATE ITEMS MAY BE AVAILABLE

70-130	Cereal	260	French Toast Sticks
113-130	Toast/Cinnamon Toast	190	WG Mini Pancakes
65	Hard Cooked Egg	219	Small Fruit & Yogurt Parfait
180	Egg & Cheese Wrap	210	Cinnamon Roll
170	Bagel	180-200	Yogurt
190	Bagel-ful		