



SERT Flash

School Energy and Recycling Team



**Richard Montgomery High School Staff (L-R)
Ms. Laurie Bourdeaux, Mr. Gerard Giblin, and Ms. Afie Mirshah-Nayar**

SERT Captain and Assistant Principal, Afie Mirshah-Nayar, at Richard Montgomery High School gets a "High Five" from the SERT Office!

Every once in a while we come across someone working in a school that is as passionate about energy conservation and recycling as we are. Ms. Mirshah-Nayar is one of those people. She truly cares about helping our environment. Richard Montgomery High School (RMHS) has come a long way in terms of conservation. Even though the school is new and relatively energy efficient, human behavior still has the biggest impact on conservation and that's where Ms. Mirshah-Nayar has been the most successful. She has literally changed the culture at RMHS. Ms. Mirshah-Nayar gets a lot of help and support from Ms. Stanton (Conservation Awareness), Ms. Bourdeaux (Recycling), Mr. Giblin (Energy/SERT Committee), Mr. Durant and Ms. Estep (Building Service) but, and most importantly, the RMHS students. Since Ms. Mirshah-Nayar has taken over the SERT Program at RMHS, they have implemented the following concepts:

- Upgrading their recycling infrastructure by purchasing enough bins to cover the entire building
- Producing daily morning announcements about conservation awareness
- Purchasing recycling costumes for students to help promote recycling during lunch
- Developing recycling pick up schedules for students recycling collection
- Sponsoring and conducting a recycled art show
- Setting up centralized recycling stations with bins and proper signage
- Setting up a daily schedule to shut off pole lighting on Main Street and the over head lighting in the cafeteria during the day
- Organizing an environmental clean up around the outside of the school
- Organizing paperless referrals via "MyMCPS" which will save about 1800 sheets of paper during the course of the a school year

On behalf of the SERT Office, we would like to thank the students and staff members at RMHS, and a very special thank you goes out to Ms. Mirshah-Nayar!

Do you have a "SERT Flash" you would like to share about your SERT efforts? Please submit a photograph and paragraph about your team and you too can be featured in a future FLASH!

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"It's your world...choose to conserve"