

Office of the Chief Operating Officer  
Interscholastic Athletics  
MONTGOMERY COUNTY PUBLIC SCHOOLS  
Rockville, Maryland

2009-2010

**Prevention & Care of Athletic Injuries, CPR /AED, and Fundamentals of Coaching**  
Course Code: PE 22 **MSDE Credits: 2**

- Applicants (coaches and volunteer coaches) should submit this form at least three weeks prior to the first class.
- The course fee is \$45.00. Applicants not employed as teachers or supporting services personnel by MCPS must include a check payable to Montgomery County Public Schools with this application. For teachers and supporting services personnel, the fee will be deducted from their regular MCPS paycheck upon completion of the course. There is no fee for volunteer coaches.
- **One week prior to the start date of the session, participants must call 301-279-3144 for confirmation and class location.**
- Signatures of employee and principal or athletic director are required (see below).

**I REQUEST ENROLLMENT IN THE SESSION INDICATED BELOW:**

**SUMMER** (7/30, 8/3, 8/4, 5, 6, 10, 11, 12, 13, 14 & 15/09)

**FALL** (10/13, 15, 20, 22, 27, 29, 11/3, 5, 10 & 12/09)

**WINTER** (1/26, 28, 2/2, 4, 9, 11, 16, 18, 23 & 25/10)

**SPRING** (6/1, 2, 3, 4, 7, 8, 9, 10, 14, 15 & 16/10)

NAME: \_\_\_\_\_  
Last First M.I.

HOME ADDRESS: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_  
City State Zip CELL PHONE: \_\_\_\_\_

SOCIAL SECURITY NUMBER: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

MCPS Employee: \_\_\_\_\_ YES \_\_\_\_\_ NO Position: Teacher \_\_\_\_\_ Other (MCPS Position) \_\_\_\_\_

Home School/Work Location: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

What sport(s) do you plan to coach? \_\_\_\_\_

Do you have a coaching position pending the completion of this course? \_\_\_\_\_ YES \_\_\_\_\_ NO

Sport: \_\_\_\_\_ Which School: \_\_\_\_\_

The position pending is as  Varsity / Head Coach  JV/Assistant Coach  Volunteer Coach (Only 2 classes required)

I am certified in CPR:  Yes  No If Yes:  American Heart Association  Red Cross Date Certified: \_\_\_\_\_

SIGNATURE OF APPLICANT: \_\_\_\_\_ DATE: \_\_\_\_\_

Check one:

\_\_\_\_\_ This course is related to employee's assignment

\_\_\_\_\_ I recommend enrollment

\_\_\_\_\_ This course is not related to employee's assignment

\_\_\_\_\_ I do not recommend enrollment

SIGNATURE OF PRINCIPAL OR ATHLETIC DIRECTOR: \_\_\_\_\_ DATE: \_\_\_\_\_

**Submit completed form:**

**BY PONY:** Interscholastic Athletics, Carver Educational Services Center (CESC), Room 250, Attention: Gabriele von Nordheim

**BY MAIL:** Interscholastic Athletics, 850 Hungerford Drive, Rm. 250, Rockville, Maryland 20850, Attention: Gabriele von Nordheim.

## KEEP THIS PAGE FOR REFERENCE

- All questions should be referred to the local school athletic director.
- One week prior to the start date of the session, participants must call 301-279-3144 for confirmation and class location.
- Evening class times are 6:30-9:30 p.m.
- Attendance at all sessions is required.
- Each session consists of ten (10) classes, which includes a CPR/AED component. At the first class, the instructor will inform students on which date CPR/AED training will be held.
- Volunteer Coaches: Only two (2) classes in the fundamentals of coaching are required for volunteer coaches. Class dates will be determined one week prior to start of course.
- Classes postponed due to inclement weather or other emergencies in the fall or winter sessions will be rescheduled on the Wednesday following the postponed class.

### **2009–2010 SESSION DATES** **ALL EVENING CLASSES 6:30 - 9:30 P.M.**

#### **SUMMER 2009**

- |             |               |
|-------------|---------------|
| 1. July 30  | 6. August 10  |
| 2. August 3 | 7. August 11  |
| 3. August 4 | 8. August 12  |
| 4. August 5 | 9. August 13  |
| 5. August 6 | 10. August 14 |
|             | 11. August 15 |

#### **FALL 2009**

- |               |                 |
|---------------|-----------------|
| 1. October 13 | 6. October 29   |
| 2. October 15 | 7. November 3   |
| 3. October 20 | 8. November 5   |
| 4. October 22 | 9. November 10  |
| 5. October 27 | 10. November 12 |

#### **WINTER 2010**

- |               |                 |
|---------------|-----------------|
| 1. January 26 | 6. February 11  |
| 2. January 28 | 7. February 16  |
| 3. February 2 | 8. February 18  |
| 4. February 4 | 9. February 23  |
| 5. February 9 | 10. February 25 |

#### **SPRING 2010**

- |           |             |
|-----------|-------------|
| 1. June 1 | 6. June 8   |
| 2. June 2 | 7. June 9   |
| 3. June 3 | 8. June 10  |
| 4. June 4 | 9. June 14  |
| 5. June 7 | 10. June 15 |
|           | 11. June 16 |

**MCPS Athletics # 301-279-3144,  
[www.montgomeryschoolsmd.org/departments/athletics](http://www.montgomeryschoolsmd.org/departments/athletics)**