

9th Annual MCPS Wrestling Weight Certification Schedule

Date: **November 5, 2011**
Location: **Blake High School**
 300 Norwood Road
 Silver Spring, Maryland 20905
Phone: **301-879-1333**

Schedule of Schools:

Time	Schools
9:00 – 9:30 a.m.	Blake, Paint Branch, Wheaton
9:30 – 10:00 a.m.	Sherwood, Rockville, B-CC
10:00 – 10:30 a.m.	Magruder, Blair, Northwood
10:30 – 11:00 a.m.	Walter Johnson, Northwest
11:00 – 11:30 p.m.	Seneca Valley, Quince Orchard, Springbrook
11:30 – 12:00 p.m.	Damascus, Whitman, Einstein
12:00 – 12:30 p.m.	Poolesville, Richard Montgomery, Wootton
12:30 – 1:00 p.m.	Clarksburg, Churchill
1:00 – 1:30 p.m.	Kennedy, Gaithersburg, Watkins Mill

Reminders & Information for Parents

- *Wrestlers must bring their student ID*
- *Wrestlers must bring their signed parent permission form*
- *Wrestlers will receive weight certification cards at the sign-in desk*
- *Wrestlers must wear **gym shorts** and **t-shirts** to be certified*
- *Wrestlers must be properly hydrated in order to have a valid body fat analysis*
- *Unless the school has otherwise made transportation arrangements, transportation is provided by the wrestler's parents*