

Topic: School Counseling  
To: The Board of Education

My name is Morgan Hines and I am in the 5<sup>th</sup> grade at Little Bennett Elementary School and I am Maya Prather and I am in the 5<sup>th</sup> grade at Little Bennett Elementary School. Little Bennett is a new school which is growing fast, however the teachers and staff at the school are great and nice. Our counselor is Mrs. Helton and she is working hard with students each day.

We do a lot of counseling activities at our school. Last year at our school the 4<sup>th</sup> graders had a career day and we learned about different careers, what certain people do in their daily job and what they had to go through to get to that job. Every month we have a new guidance lesson and we learn about making good choices and not making bad choices and about No Putdowns. We also learn about character traits and we try to show those character traits, like respect, at our school. If students show good character traits than they are rewarded and can eat lunch with Mrs. Helton. Mrs. Helton also meets with other students during lunch to help them be good problem solvers.

Mrs. Helton also shares a lot of helpful and fun websites for kids to learn more about making good choices. We also learn about how to not be a bully, how to stop being a bully and how to prevent bullying. At our school we have a peace program and if students follow the rules in their class they get a High Five Peace day and if we get lots of peace days the school and the classes celebrate.

The counseling program at Little Bennett is fun and in order to keep learning more about making good choices we need more counselors in big schools like Little Bennett.